

## Health & Performance

Co-Authoring a Quality Employee [Wellbeing] Experience

## **HUB's Health & Performance Consulting Model**

What we do: H&P solves the need for wellbeing solutions for all clients across the spectrum – from those just starting out to those wanting highly strategic initiatives.

How we do it: We align our consulting with "evidence-based practice" processes used to review, analyze, and translate the latest scientific evidence in the world of wellbeing. Best practices in wellbeing, as outlined by the Health Enhancement Research Organization (HERO), including organizational and leadership support, wellbeing as a business priority, incentives, budget, resources and commitment to planning.

## Level up with Health & Performance:

Our proprietary client levels model helps us quickly evaluate a client's readiness for (and commitment to) best practices, then provides the right operational framework for success. Through this approach, we're able to provide wellbeing solutions for organizations across the spectrum—from those just starting out to those wanting highly strategic initiatives.













Level 4: Clinically Guided Strategic Partnership (buy-up)

Increase Adherence to Best Practices Progresses and Potential for Outcomes

Platform Supported

Every client can realize value but only a few will achieve an ROI.

## **Resources to Support You Today and Beyond:**

Resource Portal: To support your wellbeing strategy, all HUB clients have access to ChooseWell Online, a free and proprietary employer facing wellbeing resource portal chock full of planning toolkits, turnkey challenges, newsletters and more.



Wellbeing Vertical Expertise: Wellbeing encompasses more than just physical health and HUB's Health & Performance consultants are equipped to offer consultation in areas like financial wellness, family forming & caregiving, mental & behavioral health and more.

Are you ready to design a wellbeing strategy that delivers on a quality employee-employer experience?